

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Biscuit w/ Jam Pears Milk	Pancakes** (E) Strawberries Milk	Oatmeal** Banana Milk	Cereal** Mandarin Oranges Milk	Waffles (E) Blueberries Milk
Lunch	Taco Salad: Beef w/ Beans and Cheese w/ Lettuce Tortilla** Peaches Milk	Chicken Noodle Soup w/ Carrots/Celery Saltines ** Applesauce Milk	Barbeque Chicken Bun Peas Melon Milk	Chili w/ Beef & Pinto Beans Saltines ** Pear Milk	Cheese Quesadilla Tortilla** Pinto Beans Melon Milk
Snack	Soft Pretzel w/ Mustard Milk	Graham Crackers Banana Milk	Apples String Cheese Water	Zucchini Muffins** Milk	Cottage Cheese Peaches Water

** - Whole Wheat: "Diets rich in whole grain food & other plant foods & low in total fat, saturated fat, & cholesterol may reduce the risk of heart disease & some cancers."

- - All milk served to one year olds is unflavored whole milk served to 2 year olds and older is unflavored low fat milk.

(E) - Contains Egg

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Muffins** Blueberries Milk	French Toast** Strawberries Milk	English Muffin Melon Milk	Cereal** Banana Milk	Oatmeal** Mandarin Oranges Milk
Lunch	Pasta Salad** w/ Pepperoni, Cheese & Broccoli Peaches Milk	Asian Chicken Noodles** w/ Green Peppers and Carrots Oranges Milk	Chicken Salad w/ Onion and Celery Tortilla** Green Beans Pineapple Milk	Chicken Parmesan Casserole Peas Applesauce Milk	Sloppy Joes Bun Sweet Potato Fries Watermelon Milk
Snack	Yogurt Milk	Apple Milk	Sliced Cheddar Cheese Saltines ** Water	Hummus Pita Bread Milk	Wheat Thins** Milk

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagel** w/ Cream Cheese Pears Milk	Oatmeal** Blueberries Milk	Waffles (E) Bananas Milk	Cereal** Mandarin Oranges Milk	Pancakes** (E) Strawberries Milk
Lunch	Bean & Cheese Burrito** Corn Peaches Milk	Chicken Noodle Casserole** w/ Broccoli Applesauce Milk	Beef Spaghetti** Green Beans Orange Milk	Vegetable Chicken Stuffing Casserole Apple Milk	Eggplant Vegetable Pasta String Cheese Watermelon Milk
Snack	String Cheese Wheat Thins** Water	Hummus Pita Bread Milk	Banana Muffins** Milk	Bagel** w/ Cream Cheese Milk	Biscuit w/Jam Milk

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(E) - Contains Egg

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Muffins** Peaches Milk	French Toast** Applesauce Milk	Oatmeal** Blueberries Milk	Cereal** Pineapple Milk	English Muffins Bananas Milk
Lunch	Macaroni & Cheese Peas Strawberries Milk	Chicken Enchilada Casserole** w/ Black Beans,Corn, & Tomatoes Oranges Milk	Tater-Tot Casserole w/ Beef Stuffing Apple Milk	Meatloaf Cauliflower Bread** Pears Milk	Cheese Pizza Green Beans Mixed Fruit Milk
Snack	Cottage Cheese Pineapple Water	Banana Muffins** Milk	Graham Crackers Banana Milk	Yogurt Milk	Goldfish Crackers** Milk

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